

Confidential/Anonymous Compulsive Theft/Recovery Survey



1. What is your gender?

		Response Percent	Response Count
Male		8.8%	12
Female		91.2%	125
answered question			137
skipped question			0

2. What is your current age?

		Response Percent	Response Count
20 - 30		2.2%	3
30 - 40		14.0%	19
40 - 50		43.4%	59
50 - 60		29.4%	40
60 - 70		9.6%	13
70 - 80		1.5%	2
answered question			136
skipped question			1





3. Are you currently married, single, separated, divorced, or widowed?

		Response Percent	Response Count
Married		53.3%	73
Single		20.4%	28
Separated		1.5%	2
Divorced		22.6%	31
Widowed		2.2%	3
answered question			137
skipped question			0



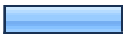


4. What is your sexual orientation?

		Response Percent	Response Count
Heterosexual		93.4%	127
Homosexual		1.5%	2
Bisexual		5.1%	7
Transgender		0.0%	0
answered question			136
skipped question			1

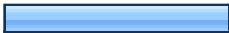


5. What is your highest level of education?

		Response Percent	Response Count
high school/GED		11.1%	15
some college		38.5%	52
undergraduate degree		28.9%	39
graduate degree		21.5%	29
answered question			135
skipped question			2


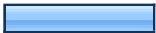
6. What is your current employment status?

		Response Percent	Response Count
working full-time		40.9%	56
working part-time		17.5%	24
unemployed		17.5%	24
disabled		15.3%	21
retired		8.8%	12
answered question			137
skipped question			0

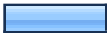





7. If you currently work full or part-time, do you work for yourself or someone else, or both?

		Response Percent	Response Count
work for self		33.3%	26
work for someone else		55.1%	43
both		11.5%	9
answered question			78
skipped question			59








8. Do you have children (whether living, deceased, adopted or step- or half-children)?

		Response Percent	Response Count
Yes		77.8%	105
No		22.2%	30
answered question			135
skipped question			2

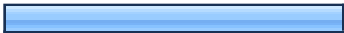




9. If you do have any children, how many (whether living, deceased, adopted, step- or half-children)?

		Response Percent	Response Count
1		15.1%	16
2		39.6%	42
3		24.5%	26
4		13.2%	14
5		5.7%	6
More than 5		1.9%	2
answered question			106
skipped question			31





10. What is your current personal or household gross income if any?

		Response Percent	Response Count
\$0 - \$10,000		9.7%	13
\$10,001 - \$30,000		16.4%	22
\$30,001 - \$50,000		17.9%	24
\$50,001 - \$75,000		20.9%	28
\$75,001 - \$100,000		17.2%	23
\$100,001 - \$250,000		15.7%	21
\$250,001 - \$1,000,000		2.2%	3
Over \$1,000,000		0.0%	0
answered question			134
skipped question			3





11. How old were you when you first stole something?

		Response Percent	Response Count
1-10		50.7%	68
11-20		38.8%	52
21-30		8.2%	11
31-40		1.5%	2
41-50		0.7%	1
51-60		0.0%	0
61-70		0.0%	0
answered question			134
skipped question			3



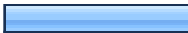



12. What did you steal?

		Response Percent	Response Count
Money		24.6%	33
Food		19.4%	26
Clothes		17.2%	23
Credit card		0.0%	0
Other		38.8%	52
answered question			134
skipped question			3

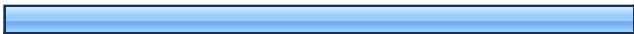





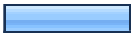


13. Who or where did you steal from that first time?

		Response Percent	Response Count
A person		26.3%	35
A store		63.2%	84
Work		4.5%	6
Other		6.0%	8
answered question			133
skipped question			4

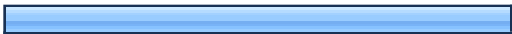







14. At what age did you develop what you feel is a real problem with stealing?

		Response Percent	Response Count
1-10		6.2%	8
11-20		26.2%	34
21-30		27.7%	36
31-40		26.9%	35
41-50		12.3%	16
51-60		0.8%	1
61-70		0.0%	0
answered question			130
skipped question			7









15. What kinds of stealing have you engaged in at any time in your life (check ALL that apply)?

		Response Percent	Response Count
shoplifting		94.8%	127
switching price tags		71.6%	96
fraudulent returns		60.4%	81
employee theft		57.5%	77
embezzlement		18.7%	25
time theft/excessive loafing on the job		28.4%	38
credit/debit card theft or fraud		18.7%	25
identity theft		6.7%	9
theft from individuals		47.0%	63
answered question			134
skipped question			3

**16. What would you say is the form of stealing that has caused you the most trouble?
Choose ONE.**

		Response Percent	Response Count
shoplifting		76.2%	99
switching price tags		4.6%	6
fraudulent returns		1.5%	2
employee theft		3.8%	5
embezzlement		5.4%	7
time theft/excessive loafing on the job		0.8%	1
credit/debit card fraud or theft		1.5%	2
identity theft		0.0%	0
theft from individuals		6.2%	8
answered question			130
skipped question			7

17. Which form of stealing would you say you've been the most addicted to or had the most trouble stopping? Choose ONE.

		Response Percent	Response Count
shoplifting		80.0%	104
switching price tags		4.6%	6
fraudulent returns		0.8%	1
employee theft		3.1%	4
embezzlement		3.8%	5
time theft/excessive loafing on the job		0.8%	1
credit/debit card fraud or theft		1.5%	2
identity theft		0.0%	0
theft from individuals		5.4%	7
answered question			130
skipped question			7

18. Please check ALL consequences you feel you've suffered as a direct or indirect result of your stealing.

		Response Percent	Response Count
Legal		77.4%	103
Arrest		81.2%	108
Job Termination		32.3%	43
Criminal Record/Trouble finding employment		57.9%	77
Marital Problems		36.1%	48
Divorce		8.3%	11
Loss of family or friends		31.6%	42
Financial		48.1%	64
Loss of self-esteem		90.2%	120
Mental health problems		66.2%	88
Other		18.8%	25
answered question			133
skipped question			4

19. How many times have you been arrested or prosecuted for stealing?

		Response Percent	Response Count
none		14.1%	19
1		14.8%	20
2		19.3%	26
3		13.3%	18
4		11.9%	16
5		8.9%	12
more than 5		17.8%	24
answered question			135
skipped question			2

20. How many times have you been fired from work for some form of theft or dishonesty?

		Response Percent	Response Count
none		63.9%	85
1		19.5%	26
2		6.0%	8
3		6.8%	9
4		1.5%	2
5		0.0%	0
more than 5		2.3%	3
answered question			133
skipped question			4

21. How many times have you served any time in jail (at least one day) due to stealing behavior?

		Response Percent	Response Count
none		48.5%	65
1		17.9%	24
2		13.4%	18
3		8.2%	11
4		3.7%	5
5		1.5%	2
more than 5		6.7%	9
answered question			134
skipped question			3






22. If you have been incarcerated for any theft-related crime, what is the longest period of time you've served?

		Response Percent	Response Count
1-10 days		51.4%	36
11-30 days		12.9%	9
31-90 days		12.9%	9
91-120 days		2.9%	2
121-180 days		5.7%	4
6 months to a year		5.7%	4
1-2 years		5.7%	4
3-5 years		2.9%	2
more than 5 years		0.0%	0
answered question			70
skipped question			67

23. After having been arrested or prosecuted for a theft offense, did you continue to steal?

		Response Percent	Response Count
yes		89.6%	103
no		10.4%	12
answered question			115
skipped question			22






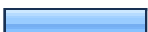

24. Did you ever enroll in counseling or therapy as a result of your stealing behavior(s) and, if so, how many times?

		Response Percent	Response Count
none		15.9%	21
once		26.5%	35
twice		15.9%	21
three times		11.4%	15
more than three times		30.3%	40
		answered question	132
		skipped question	5




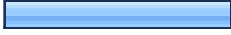



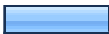
25. Why do you think you stole (check ALL that apply)?

		Response Percent	Response Count
don't know		28.4%	38
economic need		24.6%	33
financial stress		44.8%	60
relationship problems		52.2%	70
health problems		10.4%	14
abuse issues		36.6%	49
anger issues		60.4%	81
grief and loss issues		41.0%	55
depression		69.4%	93
anxiety		59.7%	80
entitlement/felt I deserved something for nothing		69.4%	93
other		17.2%	23
answered question			134
skipped question			3

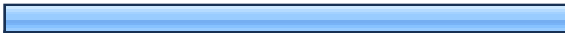












26. If you had to make an educated guess, how many times in your life do you think you stole?

		Response Percent	Response Count
1-10 times		3.9%	5
11-50 times		14.0%	18
51-100 times		8.5%	11
101-200 times		10.1%	13
201-500 times		17.8%	23
501-1,000 times		20.9%	27
over 1,000 times		24.8%	32
		answered question	129
		skipped question	8













27. If you considered counseling or therapy but either didn't go or dropped out or didn't really stick with it, what were your reservations (check ALL that apply)?

		Response Percent	Response Count
money issues		50.0%	56
time issues		15.2%	17
too embarrassed to be honest		54.5%	61
was in denial		33.9%	38
couldn't find a therapist who understood my stealing		40.2%	45
afraid to feel my feelings/deal with painful issues		40.2%	45
just too hard to trust anyone		21.4%	24
other		15.2%	17
answered question			112
skipped question			25








28. If you found help for your stealing problem(s), which help or support did you employ (check ALL that apply)?

		Response Percent	Response Count
individual counseling/therapy		84.7%	94
group therapy		30.6%	34
couples/marital counseling/therapy		8.1%	9
family therapy		2.7%	3
support/self help groups (theft specific)		49.5%	55
other support/self-help groups		21.6%	24
medication		45.9%	51
spiritual/religious		39.6%	44
read book(s)		64.0%	71
avoided certain people/places		49.5%	55
picked up new hobbies		27.0%	30
stress reduction techniques		40.5%	45
other		13.5%	15
		answered question	111
		skipped question	26








29. If you had to pick one aspect of help or support which was most important to stopping stealing/recovery from stealing, which would it be?

		Response Percent	Response Count
individual counseling/therapy		36.1%	44
group therapy		2.5%	3
couples/marital counseling/therapy		0.0%	0
family therapy		0.8%	1
support/self help groups (theft specific)		24.6%	30
other support/self-help groups		2.5%	3
medication		2.5%	3
spiritual/religious		10.7%	13
read book(s)		0.8%	1
avoided certain people/places		4.9%	6
picked up new hobbies		3.3%	4
stress reduction techniques		6.6%	8
other		4.9%	6
answered question			122
skipped question			15




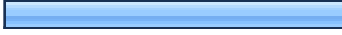







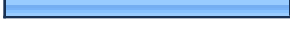

30. What's the longest period of time you have gone completely "honest" from stealing behaviors?

		Response Percent	Response Count
1-30 days		9.2%	12
31-60 days		12.2%	16
61-91 days		13.7%	18
6 months to a year		15.3%	20
1-2 years		21.4%	28
3-5 years		10.7%	14
more than 5 years		17.6%	23
answered question			131
skipped question			6

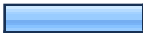












31. How long have you currently been free/honest from stealing?

		Response Percent	Response Count
1-30 days		45.6%	57
31-60 days		8.0%	10
61-91 days		8.8%	11
6 months to a year		13.6%	17
1-2 years		11.2%	14
3-5 years		4.8%	6
more than 5 years		8.0%	10
answered question			125
skipped question			12




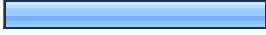







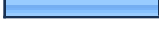

32. Have you had other addictions prior to becoming addicted to stealing? If so, please check ALL that apply:

		Response Percent	Response Count
alcohol		20.0%	22
drugs		23.6%	26
gambling		4.5%	5
eating/food		50.9%	56
shopping/spending		52.7%	58
hoarding		28.2%	31
work		12.7%	14
sexual addiction		18.2%	20
internet/video games		10.0%	11
exercise		13.6%	15
TV		23.6%	26
codependency		42.7%	47
Other		8.2%	9
answered question			110
skipped question			27

33. Did you have co-occurring addictions during some or all the time you also felt addicted to stealing? If so, please check ALL that apply:

		Response Percent	Response Count
alcohol		20.5%	23
drugs		18.8%	21
gambling		2.7%	3
eating/food		43.8%	49
shopping/spending		44.6%	50
hoarding		27.7%	31
work		12.5%	14
sexual addiction		16.1%	18
internet/video games		10.7%	12
exercise		10.7%	12
TV		16.1%	18
codependency		33.9%	38
Other		5.4%	6
answered question			112
skipped question			25



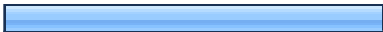










34. Upon stopping stealing/entering recovery for stealing, did you go back to or pick up any new addictions? If so, please check ALL that apply:

		Response Percent	Response Count
alcohol		13.0%	9
drugs		5.8%	4
gambling		1.4%	1
eating/food		39.1%	27
shopping/spending		29.0%	20
hoarding		15.9%	11
work		8.7%	6
sexual addiction		14.5%	10
internet/video games		10.1%	7
exercise		13.0%	9
TV		17.4%	12
codependency		23.2%	16
Other		11.6%	8
answered question			69
skipped question			68














35. Since stopping stealing/being in recovery from stealing, has your life substantially improved? If so, check ALL categories of improvement that apply:

		Response Percent	Response Count
no or not much change for the better		14.5%	16
better health		23.6%	26
better relationships		42.7%	47
better self-esteem		67.3%	74
finances got straightened out		15.5%	17
more productive with my time		38.2%	42
feel more spiritually connected/at peace		59.1%	65
better friend, partner, parent		40.9%	45
more time to pursue fun and goals		31.8%	35
more stable mentally and emotionally		57.3%	63
other		10.9%	12
answered question			110
skipped question			27

36. What have you noticed are some of your most significant relapse triggers and/or warning signs--either based on past experience or future planning? Please check ALL that apply:

		Response Percent	Response Count
stopping therapy		18.1%	23
stopping attending meetings		11.8%	15
going into stores too much		56.7%	72
returning to or starting new addictions		14.2%	18
feeling that life is unfair		51.2%	65
relationship issues		46.5%	59
financial issues		49.6%	63
health issues		12.6%	16
returning to overgiving/codependent behavior		42.5%	54
lying/hiding the truth		53.5%	68
not asking for help		51.2%	65
procrastination/perfectionism		44.1%	56
other		10.2%	13
answered question			127
skipped question			10

37. If you had to pick the most dangerous relapse trigger or warning sign from the list below, what would that be?

		Response Percent	Response Count
stopping therapy		3.9%	5
stopping attending meetings		5.5%	7
going into stores too much		21.9%	28
returning to or starting new addictions		1.6%	2
feeling that life is unfair		13.3%	17
relationship issues		12.5%	16
financial issues		11.7%	15
health issues		1.6%	2
returning to overgiving/codependent behavior		5.5%	7
lying/hiding the truth		8.6%	11
not asking for help		5.5%	7
procrastination/perfectionism		3.1%	4
other		5.5%	7
answered question			128
skipped question			9

38. How would you describe the level of support you generally received from your partner, key family members and/or friends in regards to your recovery from stealing?

		Response Percent	Response Count
none		18.5%	24
hostile or belligerent		9.2%	12
interested but ignorant		18.5%	24
passive or disengaged		15.4%	20
very interested in learning and supporting		31.5%	41
other		6.9%	9
answered question			130
skipped question			7

39. Who knows about your stealing problem and/or recovery (not necessarily every detail but a good portion of)? Please check ALL that apply:

		Response Percent	Response Count
nobody		3.0%	4
just God		19.7%	26
one person		17.4%	23
a select few people		48.5%	64
most of my close friends and family		23.5%	31
all of my close friends and family		4.5%	6
everybody		3.8%	5
answered question			132
skipped question			5

40. How active and grateful are you for your recovery from stealing on a regular basis?

		Response Percent	Response Count
not very grateful but somewhat active		4.2%	5
somewhat grateful and somewhat active		20.3%	24
very grateful and very active		35.6%	42
very grateful but not very active		32.2%	38
not very grateful and not very active		7.6%	9
answered question			118
skipped question			19